

TO: Committee on Academic Policy and Programs

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AGENDA ITEM: 3

**ITEM IDENTIFICATION: Faculty of Physical Education and Health - Proposal for a new Bachelor of Kinesiology (B.Kin.) and a revised Bachelor of Physical and Health Education (B.P.H.E.)**

**JURISDICTIONAL INFORMATION:**

The Committee has authority to recommend to Academic Board for approval changes which establish a new degree program.

**PREVIOUS ACTION TAKEN:**

**HIGHLIGHTS:**

The Faculty of Physical Education and Health is proposing a new Bachelor of Kinesiology (B.Kin.), and a revised Bachelor of Physical and Health Education (B.P.H.E.) program, as outlined in the attached proposal.

During the past eighteen months, as part of its academic planning, the Faculty has undergone a curriculum review exercise in order to develop an undergraduate curriculum that positions the Faculty more clearly in the changing landscape of its disciplinary fields to strengthen the preparation of future kinesiologists/health professionals and future physical and health educators.

There is growing need to ensure the delivery of quality daily physical education to young people within the public school system, thus increasing the demand for physical education specialists. There is also a growing awareness of the role of physical activity/exercise in the prevention and treatment of the leading causes of illness and death. The increasing attention to the importance of exercise for health promotion is reflected in the recent legislative changes that makes Kinesiology a regulated health profession in Ontario. As described in the proposal, the term kinesiology refers to the study of human movement in the broadest sense. The proposed revised Bachelor of Physical Health and Education and new Bachelor of Kinesiology will strengthen the Faculty's curriculum in both Kinesiology and Physical and Health Education. It is expected that student demand for a kinesiology degree will increase as students interested in this field will seek academic preparation to meet the criteria for the registration process.

A core foundational curriculum for both the BPHE and BKin is proposed for the first two years in order to expose students to the various disciplinary areas of study within our field and to provide a basic level of knowledge within each of these areas. The goal of the curricula in years 3 and 4 is to provide sufficient depth to meet the learning objectives of either programme while also requiring breadth courses to ensure a multidisciplinary curriculum. The BPHE will require stronger concentration in the social sciences in the optional choices; the BKin in the biophysical sciences.

The Faculty consulted broadly with current students, alumni, professionals in the field (including the Canadian Council of University Physical Education and Kinesiology Administrators, CCUPEKA), and colleagues within and outside the University. The Faculty of Arts and Science, the Ontario Institute for Studies in Education, and the University's Council of Health Sciences are in support of the proposal. The proposal was approved by the Faculty of Physical Education and Health Council on December 1, 2009.

### **FINANCIAL AND/OR PLANNING IMPLICATIONS:**

The undergraduate programme's Canadian Council of University Physical Education and Kinesiology Administrators (CCUPEKA) accreditation in both Teacher Preparation and Kinesiology will be maintained in the proposed programmes. The BPEH changes will have no impact on the Faculty's Concurrent Teacher Education Program (CTEP) cohort.

There are no resource implications for the University's operating budget for the revised BPEH and new BKIN program. There are no proposed changes in Faculty undergraduate enrolments. The proposal has been reviewed and approved by the Faculty and by the Vice-Provost Academic Operations Office. The proposal will be presented for concurrence to the Planning and Budget Committee on January 18, 2010.

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### **RECOMMENDATION:**

The Committee on Academic Policy and Programs recommends to the Academic Board:

THAT the proposed Bachelor of Kinesiology (B.Kin.) Program, as described in the attached proposal, be approved, for students admitted for September 2009; and

THAT the proposed revisions to the Bachelor of Physical and Health Education (B.P.H.E.) program, as described in the attached proposal, be approved, for students admitted for September 2009.