

# Academic Plan TRANSFORMATION IN MOTION



 $2022 \rightarrow 2027$ 

## Our Foundation

The explicit inclusion of physical education, physical activity and sport as key enablers in the **United Nations' Sustainable Development Goals** illustrates just how essential the benefits of movement are to our lives.

These **Sustainable Development Goals** include health and well-being across the lifespan; quality education and lifelong learning; equity and inclusion; safe, liveable cities; economic growth; and action against climate change.



## Our Process

### Pollination

Initial directions and aspirations were set and informed in the "**pollination**" phase. This exciting process brought our community together to share insights and ideas for in-depth discussion and consideration. Focus groups with faculty, students, instructors, staff, alumni and community members sparked conversations about the kind of impact we want to have.

#### Strategy Hives

We held **"strategy hives"** with more than 500 faculty, staff, students, alumni and key partners to create a new vision and directions for our future.

#### Harvesting

The final phase involved **"harvesting"** information gleaned from the "strategy hives" to develop priorities, goals and objectives for further consultation. The outcome of this extensive process was a powerful commitment to a **new vison statement**.





#### 

To develop, advance and disseminate knowledge about physical activity, health and their interactions through education, research, leadership and the provision of opportunity.

0	0	0	0	0	
0	ο	ο	ο	0	
ο	ο	0	0	ο	

## Vision

Excellence in advancing healthy living through inclusive movement.

### Our Commitments

- $\checkmark$  Equity, accessibility, diversity, inclusivity and belonging
- $\checkmark$  Reconciliation with Indigenous Peoples
- $\checkmark$  Integrity in all decisions and actions
- $\checkmark$  Leadership in education, research and governance
- Excellence in all areas of well-being, discovery, innovation and collaboration

### Kinetic Knot

Over the next five years, we commit to contributing to a healthier, more just world by advancing understanding of the fundamental relationships between movement and individual, community and environmental health and well-being.





## Elevate Health and Wellbeing



Movement, through physical activity, play or sport, is a human right and essential to the health of individuals and communities.

#### Goal

We will have local and global impact on the understanding and practice of the fundamental relationship between movement and the health and well-being of individuals, communities and the environment.



## Ignite Transformative Inclusivity



Health and movement are human rights.



#### Goal

We will advance our culture, programs, operations and spaces to enable accessibility, reconciliation, equity, inclusivity, belonging and fulfillment.



## Foster Innovation, Discovery and Achievement



The university is a place for discovery, critical thought, creativity, innovation and growth.



#### Goal

We will be known for having an institutional culture that encourages and supports discovery, innovation and achievement — a place where people thrive.

## Activate Partnerships and Collaborations



STRATEGIC FOCUS

Partnerships and collaborations are fundamental to knowledge mobilization and exchange, advocacy and stewardship of meaningful, sustainable change.



#### Goal

We will advocate for and mobilize knowledge, opportunities and resources that lead to meaningful change, including a commitment to reciprocity in all that we do.  $\begin{array}{c} \times \times \times \times \\ \times \times \times \\ \times \times \times \end{array}$ 

# Let's get moving!

FACULTY OF KINESIOLOGY & PHYSICAL EDUCATION