



OFFICE OF
**STUDENT EXPERIENCE
& WELLBEING**

**Orientation &
Transition**

CAC – September 2022

Transition & Pre-Orientation



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Agenda

- Transition and Pre-Orientation
- Orientation
- Support for Upper Year Students
- Athletics, Health & Wellness



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Get Started Academic Orientation

**GET
STARTED**

with the Academic Advising & Career Centre

**Student
Programming**
(in person and virtual)

**Specialized
Programming:**
Transfer,
Green Path

**Parent
Programming**
(in person and virtual)

**First Year
Peers**

Supports:
Online Modules
Course Selection
Support
Prep Yourself

**Campus
Resources**

Academic Advising & Career Centre



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Start Up Transition Program

- Eyes ON PSE
- Virtual Asynchronous Course
- Virtual & In-Person Activities
- Launched: Workplace Disclosure & Accommodation Guide

“The style and format of all of the modules of the Start Up Transition Program was very accessible to me ... I felt really happy knowing that the content was specific to my disability. Keep up the good work in the future!” - Student Testimonial



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AccessAbility Services

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TYP & The Village



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Orientation



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Move-In & Orientation

- Sept 2 and 3
- 847 students on campus + 18 students off-site accommodations
- Off-site accommodations
- Canadian College of Naturopathic Medicine
- 20 beds (18 students + 1 RA + 1 Pro Staff)
- Provide TTC pass



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Student Housing & Residence Life



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Student Housing Challenges & Solutions

Challenge: Over Capacity

- Higher than anticipated enrollment
- Over capacity by 180

Problem Solving

- All three campuses experienced an overflow issue. Local context varied.
- Hotels are now City of Toronto shelters

- Centennial College residence is full
- Seneca College residence cannot accommodate

Strategy

- Find off-site accommodations
- Expand housing on campus
- Reduce total number of students in residence



Residence Programming

- Residence Curriculum
- Living Learning Communities
- Academic initiative



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SCSU Orientation + Welcome Day

SCSU's REVIVAL Orientation - Aug 30 to Sept 1 - Over 600 first year students registered and over 150 upper year student leaders and volunteers

OSEW Welcome Day – Sept 6 - Welcomes over 1,000 UTSC students for outdoor services fair and other supports offered at UTSC and tri-campus.



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Student Life & International Student Centre

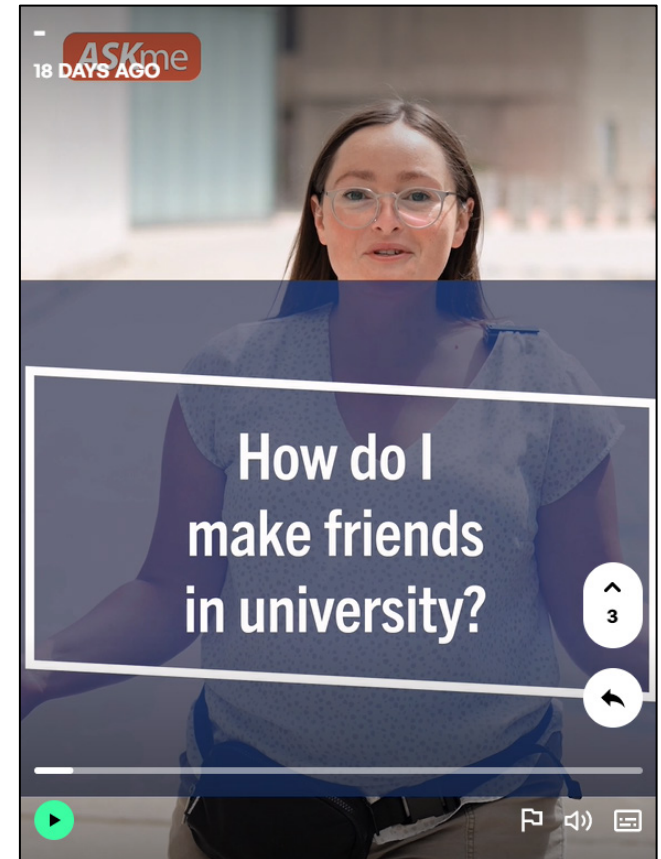
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ASKme @ UTSC

This tri-campus campaign highlights staff, faculty and student leaders on campus as a resource for new and returning students learning how to navigate the campus. With three welcome booths across the campus and campus tours led by Student Ambassadors.

- How do I make friends?

<https://askme.capsule.video/v/mwkUFQf36a9f>



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Support for Upper Year Students



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Support for Upper Year Students

- The Journey Continues- Quercus course
- Explore the 6ix Series
- Black Student Orientation and Indigenous Student Orientation
- Get Experience Fair
- Student Clubs Fair with SCSU



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Support for Upper Year Students



HERE YOU WILL LEARN HOW TO:



HOW TO USE THIS PROGRAM PLAN

Read through each year, investigate what appeals to you here and in other Program Pathways that apply to you. Note that this Pathway is only a suggestion. For the most up to date information, please check the UTSC Calendar.

Year	Credits	Key Courses
YEAR 1	0 - 3.5 Credits	CHOOSE YOUR COURSES WISELY
YEAR 2	4 - 9.5 Credits	DEVELOP YOUR ACADEMIC & RESEARCH SKILLS
YEAR 3	9 - 13.5 Credits	APPLY THEORY TO PRACTICE
YEAR 4	14 - 20 Credits	BECOME AN ENGAGED CITIZEN (LOCALLY & GLOBALLY)
YEAR 4	14 - 20 Credits	PLAN FOR YOUR FUTURE CAREER

Get Hired CONFERENCE



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Support for International Students

International students continue to navigate long wait periods for study permits and visas

- We continue to provide virtual and in person immigration advising appointments to support students during this time
- International students have participated in virtual and in person sessions including parents & family



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Athletics, Health & Wellness



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Athletics & Recreation

- Encouraging all students to participate in physical activity
- Competitive sports (intramurals) and recreational sports (interhouse) and drop-in sports are back!
 - Soccer, basketball, hockey, volleyball, ultimate frisbee and cricket
- Fitness centre, tennis, swimming, climbing wall, instructional classes (caribbean dance, ballet, yoga, hip hop, karate etc) are available
- Women only hours in the pool and fitness centre
- Outdoor recreation activities this fall include: paddleboarding, hiking in Niagara, white water rafting



Healthy Campus Initiative

- Successful pilot of the "A Healthy Campus for Students: Prioritizing Mental Health" course over Summer 2022
 - Fall session starts Sept 6, 2022
- Launch of Healthy Campus website in April 2022
 - One-stop shop for all wellness related resources for staff, faculty and students



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Health & Wellness Centre

- Student mental health is our priority!
- Our goal is wellness for EVERY student
- Appointments available virtually or in person with a counsellor, nurse, or physician
- Upcoming student health fairs - from Be Well UTSC to the Sexual Health Collaborative
- In-person and virtual counselling groups and mental health workshops are available
- Embedded counselling has relaunched



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HEALTH & WELLNESS CENTRE

Providing **confidential** services for all registered UTSC students

HEALTH SERVICES
Doctors and nurses are available Monday to Friday

COUNSELLING & GROUPS
One-on-one groups and programming by professional counsellors

WELLNESS ON CAMPUS
Supporting healthy lifestyles on campus through our Wellness Peer Programs and health promotion

Bring your student card & health card **when you visit us!**

The graphic is a vertical banner with a dark blue background. At the top, two women are sitting and talking. Below them, three smaller images show a man sitting, a group of people, and two women. Each image has a white text box with a title and a description. A green bar at the bottom contains the text 'Bring your student card & health card when you visit us!'.

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Thank you, Merci, Miigwetch



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