

OFFICE OF THE CAMPUS COUNCIL

FOR APPROVAL	PUBLIC	<b>OPEN SESSION</b>
TO:	UTSC Academic Affairs Committee	
SPONSOR: CONTACT INFO:	Prof. William Gough, Vice-Principal Academic 416-208-7027, vpdean@utsc.utoronto.ca	e and Dean
PRESENTER: CONTACT INFO:	Prof. Mary Silcox, Vice-Dean Graduate 416-208-2978, vdeangrad@utsc.utoronto.ca	
DATE:	March 18 for March 25	
AGENDA ITEM:	9	

### **ITEM IDENTIFICATION:**

Minor Curricular Modifications from the Graduate Department of Psychological Clinical Science

### JURISDICTIONAL INFORMATION:

University of Toronto Scarborough Academic Affairs Committee (AAC) "is concerned with matters affecting the teaching, learning and research functions of the Campus" (AAC *Terms of Reference, Section 4*). Under section 5.6 of its terms of reference, the Committee is responsible for approval of "Major and minor modifications to existing degree programs." The AAC has responsibility for the approval of Major and Minor modifications to existing programs as defined by the University of Toronto Quality Assurance Process (*UTQAP, Section 3.1*).

### **GOVERNANCE PATH:**

### 1. UTSC Academic Affairs Committee [For Approval] (March 25, 2019)

### **PREVIOUS ACTION TAKEN:**

No previous action in governance has been taken on this item.

## **HIGHLIGHTS:**

This package includes minor modifications to graduate curriculum, submitted by the Graduate Department of Psychological Clinical Science, which require governance approval. Minor modifications to curriculum are understood as those that do not have a significant impact on program or course learning outcomes. They require governance approval when they modestly change the nature of a program or course.

Changes are being made to:

- 1. PhD, Counselling and Clinical Psychology, Clinical Psychology field
  - Total coursework requirements are being reduced from 4.0 FCE to 3.5 FCE, and the over FCE requirement for the program is being reduced from 6.0 FCE
    - to 5.5 FCE; to achieve this result the following changes have been made: • CPS1501H, CPS3801H and CPS1809H are being removed as required
      - courses, and will become electives;
      - CPS2901H and CPS2902H are being changed from CR/NCR courses to 0.5 credit courses.

These changes are being made in response to recommendations from the Canadian Psychological Association to condense some course requirements to promote timely completion of the program, and to expand coverage in some key competency areas, including clinical supervision and program design, implementation and evaluation.

- 2. CPS1201H
  - The course description has been revised to acknowledge additional course content.
- 3. CPS2901H
  - This course is being transitioned from CR/NCR to a graded course (0.5 FCE). In addition, the course description has been revised to acknowledge changes in the course content.
- 4. CPS2902H
  - This course is being transitioned from CR/NCR to a graded course (0.5 FCE). In addition, the course description has been revised to acknowledge changes in the course content.

The following new courses are being introduced:

- 1. CPS 1209H
  - This course will focus on neuropsychology, which is an area of growing interest for students in the program.

There has been wide consultation including with students, faculty, and cognate departments across the University.

# FINANCIAL IMPLICATIONS:

There are no net implications to the campus operating budget.

### **RECOMMENDATION:**

Be It Resolved,

THAT the minor modifications submitted by UTSC Graduate Department of Psychological Clinical Science, as described in 2020-21 Curriculum Cycle: Graduate Minor Curriculum Modifications for Approval, Report 1 and Report 2, dated March 10, 2020, and recommended by the Vice-Principal Academic and Dean, Professor William Gough, be approved to be effective as of Fall 2020 for the academic year 2020-21.

# **DOCUMENTATION PROVIDED:**

- 2020-21 Curriculum Cycle: Graduate Minor Curriculum Modifications for Approval Report 1: Graduate Department of Psychological Clinical Science, dated March 10, 2020.
- 2020-21 Curriculum Cycle: Graduate Minor Curriculum Modifications for Approval Report 2: Graduate Department of Psychological Clinical Science, dated March 10, 2020.



## 2020-21 Curriculum Cycle Graduate Minor Curriculum Modifications for Approval Report 1: Graduate Department of Psychological Clinical Science Program Changes March 10, 2020

# PhD: Counselling and Clinical Psychology, Clinical Psychology Field

### Summary

	Changing Admission Requirements		Renaming Field, Concentration or Emphasis
x	Changing Program Length or Requirements		Renaming of Program or Degree
	Changing Timing of Program Requirements		Creating a new Emphasis
	Adding/Removing Option (i.e. part- time, flex-time)		Changes to programs affecting a MOA
•			
•	<ul> <li>overall FCE requirement for the program from 6.0 FCE to 5.5 FCE</li> <li>Remove CPS1501H as a requirement (this course can be taken as an elective)</li> </ul>		
•			
•	Remove CPS1809H as a requirement (this course can be taken as an elective)		
•			
	0.5 credit course)		
•			
	0.5 credit course)		

### Effective Date of Change

September 2020			
	September 2020		

### Academic Rationale

The PhD Program is designed to meet all five core competency areas as outlined by the Canadian Psychological Association (CPA). CPA has noted that the program has a large number of course requirements, and there is some redundancy in how these competency areas are being met (that is, there is ample coverage of each area). CPA has therefore recommended that the course requirements be condensed to promote more timely completion. At the same time, CPA has recommended the program expand coverage in some competency areas including clinical supervision and program design, implementation and evaluation.

To address these competing goals, three courses are being removed as requirements in the program: CPS1501H, CPS3801H, and CPS1809H:

- CPS1501H Personality falls into the "individual behaviour" core competency area which is currently being met by a number of other required courses (i.e., CPS1601H Psychopathology, CPS1701H Psychological Assessment I and CPS1702H Psychological Assessment 11). Students will be able to take this course as an elective.
- CPS3801H Multi-Person Therapies belongs to the "social bases of behaviour" core competency area which is being satisfied by other required courses (i.e, CPS CPS1801H Psychotherapy, CPS1802H Applied Interventions in Clinical Psychology and CPS1401H Social and Interpersonal Bases of Behaviour). Students will be able to take this course as an elective.
- CPS1809H Clinical Psychopharmacology is being folded into CPS1201H Neurobiological Bases of Behaviour, which has been modified to absorb core (and complementary) content from CPS1809H. In the short term, students will be able to take the course as an elective, but in the medium term, it will be retired.

Overall, the reduction of coursework requirements from 4.0FCE to 3.5FCE will create some flexibility in scheduling and help support student's ability to take elective courses.

Removing CPS1501H and CPS3801H as required courses will create space for content areas that CPA recommended giving more extensive coverage to, including experiential training in clinical supervision and program design, implementation, evaluation and consultation. To satisfy this recommendation, CPS2901H and CPS2902H are being changed from CR/NCR courses that are taught in a single day to single-term 0.5 credit courses in which there will be greater in-depth coverage of clinical supervision and quality assurance core competency areas.

For a complete description of the changes, please see the Calendar copy below.

### **Impact on Students**

Students who are already in the program will be grandfathered, and courses will be scheduled to give them option to complete their program requirements as stated upon admission, or may choose to complete the revised program requirements. A survey will be sent to current students which will include an overview of the changes and will ask students to identify the program version they intend on completing. Selections will be noted in each students file. Incoming students (i.e., current MA2 students) will follow the 2020-21 program requirements.

Incoming students will follow the revised program requirements which will meet CPA's standard of core clinical training while also creating space to take elective courses in areas of interest.

### Consultation

All proposed changes were discussed with all core faculty and student representatives at a Program Meeting on January 9<sup>th</sup> 2020. Changes were communicated to all students prior to the revisions being discussed at the program committee meeting on February 6th, 2020. The changes were also discussed with the Vice-Dean Graduate, Dr. Mary Silcox on January 16<sup>th</sup>, 2020.

No concerns were raised. Students will be surveyed prior to the future timetable being finalized to ensure electives can be scheduled based on demand.

Consultation with the Department of Applied Psychology and Human Development (APHD), OISE was conducted as part of the UTQAP mandated review of the Counselling and Clinical Psychology programs. Submitted, as part of the PCS self-study,, was the recommendation from the Canadian Psychological Association for the field in Clinical Psychology, including all planned curriculum changes.

### Resources

We do not anticipate the need for additional teaching or space resources.

### **Governance Approval**

Unit Sign-Off (Committee name and meeting	GD-PCS Program Committee - February 6 <sup>th</sup> , 2020
date)	
Dean's Office Sign-Off	Mary Silcox, Vice-Dean Graduate: February 28, 2020
(Name and Date)	That y sheek, vice bean dradate. Testuary 20, 2020
Faculty/Division Council	UTSC Academic Affairs Committee: March 25, 2020
Approval (or delegated body) if	······································
applicable	

### SGS Calendar Entry, Showing Changes

Psychological Clinical Science: Counselling and Clinical Psychology PhD, Clinical Psychology Field

### **Doctor of Philosophy**

### **Program Description**

The field in Clinical Psychology is offered primarily by the Department of Psychological Clinical Science at UTSC. Clinical Psychology at UTSC adheres to a Clinical Science model of training.

Housed within the Graduate Department of Psychological Clinical Science, the primary and overriding objective of graduate training in Clinical Psychology at UTSC is to foster exceptional clinical scientists according to the highest standards of research and professional practice. A unifying theme of faculty research in Clinical Psychology at UTSC is to advance the assessment and treatment of mental disorders, especially depressive and bipolar disorders, anxiety disorders, schizophrenia-spectrum disorders, borderline personality disorder, and neurocognitive disorders, such as dementia due to Alzheimer's or Parkinson's disease.

The PhD program is designed for applicants interested in a career as a clinical psychologist based on a Clinical Science model of training. Graduate training in Clinical Psychology at UTSC prepares graduates primarily for research careers as psychological clinical scientists in university and academic medical settings. The PhD program has research strengths in clinical neuropsychology and neurosciences; personality and psychological assessment; and mindfulness- and acceptance-based psychotherapies.

It is distinguished by its innovative cross-disciplinary approach that emphasizes scientific innovation through novel research collaborations that push traditional boundaries in clinical psychology. Importantly, the program meets the needs of students who plan to engage in research, teaching, and/or evidence-based clinical practice. This program is intended to meet the registration requirements of the College of Psychologists of Ontario (CPO) at the doctoral level.

The Counselling and Clinical Psychology program (Clinical Psychology field) is offered on a fulltime basis, and progress in the program will be reviewed annually.

### Minimum Admission Requirements

- Applicants are admitted under the General Regulations of the School of Graduate Studies. Applicants must also satisfy the Department of Psychological Clinical Science's additional admission requirements stated below.
- A master's degree in Clinical Psychology (or its equivalent) from a recognized university, with a minimum A– average and excellent research performance.
- Competitive scores on General and Subject (Psychology) tests of the Graduate Record Examinations (GRE).
- Two academic letters of reference.
- A personal statement.
- A curriculum vitae.
- Applicants whose primary language is not English and who graduated from a university where the language of instruction is not English must demonstrate proficiency in English. Applicants must complete the Test of English as a Foreign Language (TOEFL), or its equivalent

according to SGS regulations, prior to submitting the application. See <u>General Regulations</u> section 4.3 for requirements.

# Program Requirements

- The PhD program requires 6.0 5.5 full-course equivalents (FCEs) including coursework, three clinical placements, plus a comprehensive examination, thesis proposal, thesis, and thesis defence:
  - 4.0 3.5 FCEs in coursework, normally completed by the end of Year 3 (CPS 1103H, CPS 1201H, CPS 1301H, CPS 1401H, CPS 1501H, CPS 1809H, CPS 3801H, CPS 2901H, CPS 2902H, CPS 3901H).
  - Completion of two one-day courses (CPS 2901H and CPS 2902H) assessed as Credit/No Credit (0.0 FCE).
  - 2.0 FCEs in clinical work:
    - 1.0 FCE in two separate part-time clinical placements during Years 1 and 2 (CPS 3999H and CPS 4999H).
    - 1.0 FCE in a one-year, full-time clinical internship at a Canadian Psychological Association- or American Psychological Association-accredited clinical setting (or equivalent), which normally takes place during Year 5 (CPS 5999Y). Eligibility for the clinical internship will be assessed by the Director of Clinical Training (DCT) prior to Year 4 of the program.
- The comprehensive examination requirement consists of two mandatory components:
  - 1. An oral examination focused on clinical expertise (normally completed in the Fall session of Year 2); and
  - 2. A research-focused grant proposal (normally completed in the Fall session of Year 2).
  - A pass on both components is required for a student to continue on to PhD candidacy. Students who fail the oral exam will have the opportunity to retake the exam. Students who fail the grant proposal will have the opportunity to revise and resubmit. Students who fail either or both component(s) on the second attempt should consult the School of Graduate Studies' Academic Appeals Policy. If after the appeals process and second attempts at either or both component(s) result in a failure, the student will no longer be eligible to continue in the PhD program. Guidelines on the comprehensive requirement can be found in the PCS Graduate Handbook.
- Thesis proposal, normally approved prior to the start of Year 3 of the program.
- Completed thesis.

- Successful defence of the thesis at the Final Oral Examination.
- For students interested in acquiring additional clinical hours, the PhD program provides the following optional courses: CPS 6999H and CPS 7999H. Please note that optional courses for the PhD must be approved by the faculty supervisor, the DCT, and the Graduate Chair prior to course enrolment.
- Supervisors will have annual meetings with students to assess academic progress and to develop plans of study. The DCT will also hold formal annual meetings with students to assess clinical and professional progress.
- The program length is five years, which includes a pre-doctoral internship.

# Program Length

5 years

# Time Limit

6 years

# Psychological Clinical Science: Counselling and Clinical Psychology MA, PhD Courses, Clinical Psychology Field

CPS 1101H	Clinical Research Design (exclusion: APD 1263H Seminar in Research Methods for MA Students)
CPS 1102H	Statistical Techniques I (exclusion: JOI 1287H Introduction to Applied Statistics)
CPS 1103H	Statistical Techniques II (exclusion: JOI 1288H Intermediate Statistics and Research Design)
CPS 1201H	Neurobiological Bases of Behaviour
CPS 1209H	Clinical Neuropsychology
CPS 1301H	Cognitive-Affective Bases of Behaviour
CPS 1401H	Social and Interpersonal Bases of Behaviour
CPS 1501H	Personality
CPS 1601H	Psychopathology (exclusion: APD 3260H Psychodiagnostic Systems)
CPS 1701H	Psychological Assessment I (exclusion: APD 3224H Individual Cognitive and Personality Assessment)
CPS 1702H	Psychological Assessment II
CPS 1801H	Psychotherapy (exclusion: APD 1202Y Theories and Techniques of Counselling and Psychotherapy)
CPS 1802H	Applied Interventions in Clinical Psychology (exclusion: APD 1203Y <sup>+</sup> Practicum I: Interventions in Counselling Psychology)
CPS 1803H	Practicum in Psychological Interventions (exclusion: APD 1203Y <sup>+</sup> Practicum I: Interventions in Counselling Psychology)

CPS 1809H	Clinical Psychopharmacology
CPS 1810H	Advanced Psychotherapy
CPS 1901H	Ethics (exclusion: APD 1219H Ethical Issues in Professional Practice in Psychology and Psychotherapy)
CPS 2901H	Practicum in Clinical Supervision <del>(Credit/No Credit)</del>
CPS 2902H	Quality Assurance and Consultation-and Program Development and Evaluation (Credit/No Credit)
СРЅ 2999Н	Summer Practicum
CPS 3801H	Multi-Person Therapies (exclusions: APD 1228H Individual and Group Psychotherapy: Family and Couples Counselling, APD 1260H Family Therapy, APD 1261H Group Work in Counselling)
CPS 3901H	The Historical and Scientific Foundations of Psychology (exclusion: APD 3204H Contemporary History and Systems in Human Development in Applied Psychology)
CPS 3999H	Clinical Placement I
CPS 4999H	Clinical Placement II
CPS 5001H	Directed Readings
CPS 5002H	Directed Readings
CPS 5999Y	Internship (exclusion: APD 3268Y PhD Internship)
CPS 6999H	Clinical Placement III
СРЅ 7999Н	Clinical Placement IV



2020-21 Curriculum Cycle Graduate Minor Curriculum Modifications for Approval Report 2: Graduate Department of Psychological Clinical Science Course Changes March 10, 2020

# **1 New Course:**

# **CPS1209H: Clinical Neuropsychology**

### **Description:**

The goal of this course is to enhance students' knowledge of the field of clinical neuropsychology - both research and application. Topics will span brain-behaviour relationships, and assessment and management of psychiatric, neurological, and medical disorders.

### Mode of Delivery: In Class

### **Rationale:**

The Clinical Psychology field of the Counselling and Clinical Psychology program increasingly attracts students that are interested in pursuing practicum placements and internships focused on clinical neuropsychology; this is not surprising given the research and clinical expertise of some of the program's core faculty members. CPS1209H will provide an opportunity for students who are interested in furthering their knowledge of neuropsychology. Learning Outcomes include:

- 1. Describe core features of functional neuroanatomy
- 2. Describe contemporary neuroimaging technologies
- 3. Explain the hypothesis-driven assessment model to identify neurologic and psychiatric disorders
- 4. Recognize and apply contemporary guidelines for differential diagnoses of relevant clinical syndromes
- 5. Demonstrate the process of differentiating between neurological and psychiatric disorders

6. Demonstrate appropriate selection and use of current assessment tools and interventions for neurological and psychiatric disorders

Consultation: Approved by the GD-PCS Program Committee on February 6th, 2020

**Resources:** This course will be taught by a full-time core clinical faculty member in the Graduate Department of Psychology Clinical Science as part of their regular teaching load, every 2-3 years.

# **3 Course Modifications:**

# **CPS1201H: Neurobiological Bases of Behaviour**

### **Description:**

This course will provide students with an introduction to themes in clinical neuropsychology and neuropsychopharmacology. This includes a broad overview of brain-behaviour brain-behavior relationships extending from basic sensation and perception to higher-level cognitive functions, emotions, and social behaviors. This course A variety of techniques for studying neurobiological processes will also cover the effects that various psychotropic drugs have on

sensation be reviewed, cognition including single cell recordings, affect lesion based studies, structural and behaviour functional brain imaging, and their specific uses in clinical fields. transcranial magnetic stimulation.

#### **Topics Covered:**

The content described below is being added to CPS 1201H: 1) Functions of different extra-neural physiological systems of the body relevant for an appreciation of pharmacokinetics (e.g., cardiovascular, respiratory, endocrine, digestive, renal and hepatic systems) . 2) Underlying neuroanatomical, transmitter and receptor substrates associated with common psychological/psychiatric symptom clusters. 3) Principles and practices for prescribing medications to treat psychiatric disorders and their symptoms.

#### **Rationale:**

Content that is currently covered in CPS 1809H is being moved into CPS 1201H, since the content is complementary and both belong to the same core content areas that Canadian Psychological Association requires of all clinical psychology graduate training programs. This change is in response to a recommendation from the Canadian Psychological Association to condense PhD level course requirements to help ensure timely graduation. The changes to the course description are necessary to reflect the changes in the course content.

Consultation: Approved by the GD-PCS Program Committee on February 6th, 2020

Resources: None

# **CPS2901H: Clinical Supervision**

Title: Practicum in Clinical Supervision

#### **Description:**

This one-day course will provide students with an overview of theory, research and practice in the clinical supervision of psychology trainees involved in mental health service provision. The course includes didactic lectures, reflective exercises, and group discussions. It covers topics such as theories and models of supervision, empirical research on supervision, diversity issues in supervision, and the rights and responsibilities of supervisees and supervisors.

This course provides experiential training to senior PhD students in providing clinical supervision to junior trainees . Format includes instruction and discussion of the process and outcomes of supervision, didactic lectures, and reflective exercises.

### Credit Value: CR/NCR 0.5

#### **Rationale:**

This course is being changed from CR/NCR to 0.5 credit weight in response to a recommendation from the Canadian Psychological Association that practicum-based competencies such as clinical supervision should be delivered in an ongoing, experiential way as opposed to the theoretical way they are currently delivered. The format of the course will be changing from one-day to a one-term course and will be experiential in nature with methods of assessment. This change will ensure an appropriate level of clinical supervision training to the standards required of the Canadian Psychological Association. Changes to the course title and description are being made to reflect the revised course and to ensure students understand the goals of the course.

Resources: None

# **CPS2902H:** Consultation and Program Development and Evaluation

Title: Consultation and Program Development and Evaluation Quality Assurance and Consultation

#### **Description:**

The aim of this This one day course is to will provide students with an overview of the methods and theories of program design, implementation, evaluation and consultation in clinical psychology. It will also explore the roles of professionals clinical psychologists in these professional practice activities. The course includes didactic lectures, problem solving scenarios, role plays, and group discussions. Opportunities to It covers topics such as the science and practice these skills

will be provided (e.g. of service implementation, fundamentals in program evaluation and consultation, projects). and ethical considerations in organizational consultation

Credit Value: CR/NCR 0.5

#### **Rationale:**

This course is being changed from CR/NCR to 0.5 credit weight in response to a recommendation from the Canadian Psychological Association that core competency material be delivered seminar style course over the course of a term to ensure an appropriate level of training to the standards required of the Canadian Psychological Association. The format of the course will be changing from one-day to a one-term course and will be experiential in nature with methods of assessment. This change will ensure an appropriate level of clinical supervision training to the standards required of the Canadian Psychological Association. Changes to the course title and description are being made to reflect the revised course and to ensure students understand the goals of the course.

Consultation: Approved by the GD-PCS Program Committee on February 6th, 2020

Resources: None