



Student Mental Health

Presidential and Provostial Task Force Report
and Administrative Response



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AGENDA

Task Force & Recommendations

Joshua Barker
Sandy Welsh

U of T's Administrative Response to the Task Force's Final Report

Cheryl Regehr



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A plan of action: four elements

1. Task Force on Student Mental Health
2. Expert Panel on Undergraduate Student Experience
3. Strengthen partnerships in the health system
4. Government advocacy

“The success and wellbeing of our students – mental and physical – is the University’s highest priority. Students are at the heart of our mission as an academic institution.”

*- President Meric Gertler
(March 28, 2019)*



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Final Report and Recommendations

Joshua Barker
Sandy Welsh

Presidential & Provostial Task Force on Student Mental Health



Task Force Membership

Chair

Trevor Young, Vice-Provost, Relations with Health Care Institutions and Dean of the Faculty of Medicine

Students

Egag Egag, Factor-Inwentash Faculty of Social Work

Jayson Jeyakanthan, UTM

Corey McAuliffe, Dalla Lana School of Public Health

Aurora Nowicki, Faculty of Applied Science & Engineering

Faculty

Chloe Hamza, Ontario Institute for Studies in Education

William Ju, Faculty of Arts & Science

Ruth Ross, Faculty of Medicine

Administrative Staff

Elsie Obeng-Kingsley, UTSC

Melinda Scott, University College

Sherry Yuan Hunter, UTM

Assessors

Joshua Barker, Vice-Provost, Graduate Research & Education and Dean of the School of Graduate Studies

Sandy Welsh, Vice-Provost, Students

Consultations

Phase 1

In-person
focus groups

Listening
sessions

Online
feedback

Student-led
events

Phase 2

In-person
focus groups

Listening
sessions

Online
feedback

Student-led
events

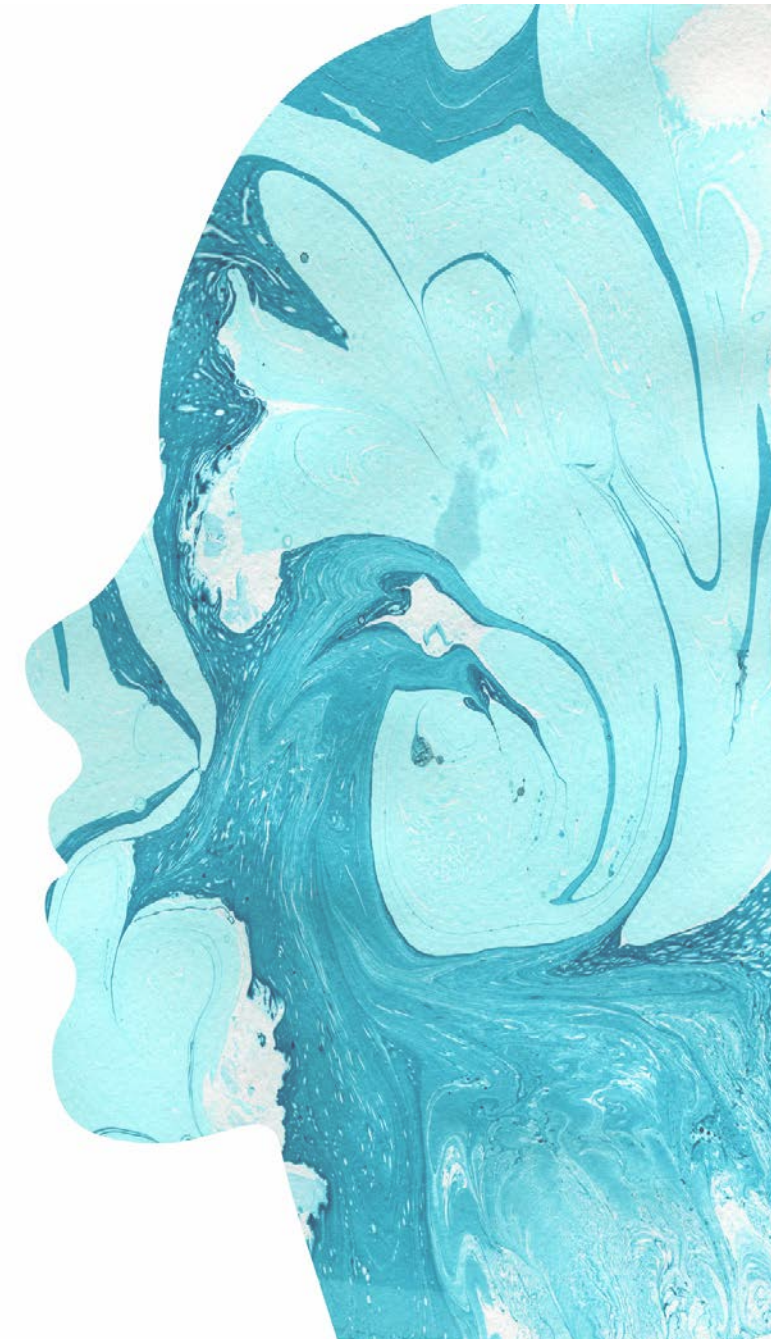
Phase 3

Draft summary
of themes

“This is what we
heard: did we
miss anything?”

Online
feedback

Pop-up booths



Task Force Final Report

1. Services

2. Coordination

3. Partnerships

4. Space

5. Culture / Other

21

Recommendations
Overall



Task Force & Recommendations

Sandy Welsh
Joshua Barker

Mandate Areas and Recommendations



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1. Services

- Simplify **pathways to care**
- Develop comprehensive strategy on **mental health literacy**
- Increase **mental health promotion**
- Increase access to **timely mental health care**
- Expand **diversity** of service providers
- Enhance **tri-campus coordination** for crisis response



2. Coordination

- Provide more **integrated and coordinated care**
- Establish tri-campus **Clinical Director** role
- Facilitate **early access** to care for students who need mental health resources



3. Partnerships

- Strengthen **diverse community** partnerships
- **Increase programs** that bring community resources to U of T
- Improve transitions to **community resources**



4. Space

- **Increase access** to functional and therapeutic space for mental health services and programs
- Create **more non-academic spaces** for students



5. Culture / Other

- Build a **culture of caring**
- **Review** academic policies and processes
- Advocate for **consistent and equitable coverage**
- Improve **understanding of UMLAP**
- Develop transparent **protocol** for tragic events
- Establish a **wellness advisory board**
- Create a **research initiative** on student mental health



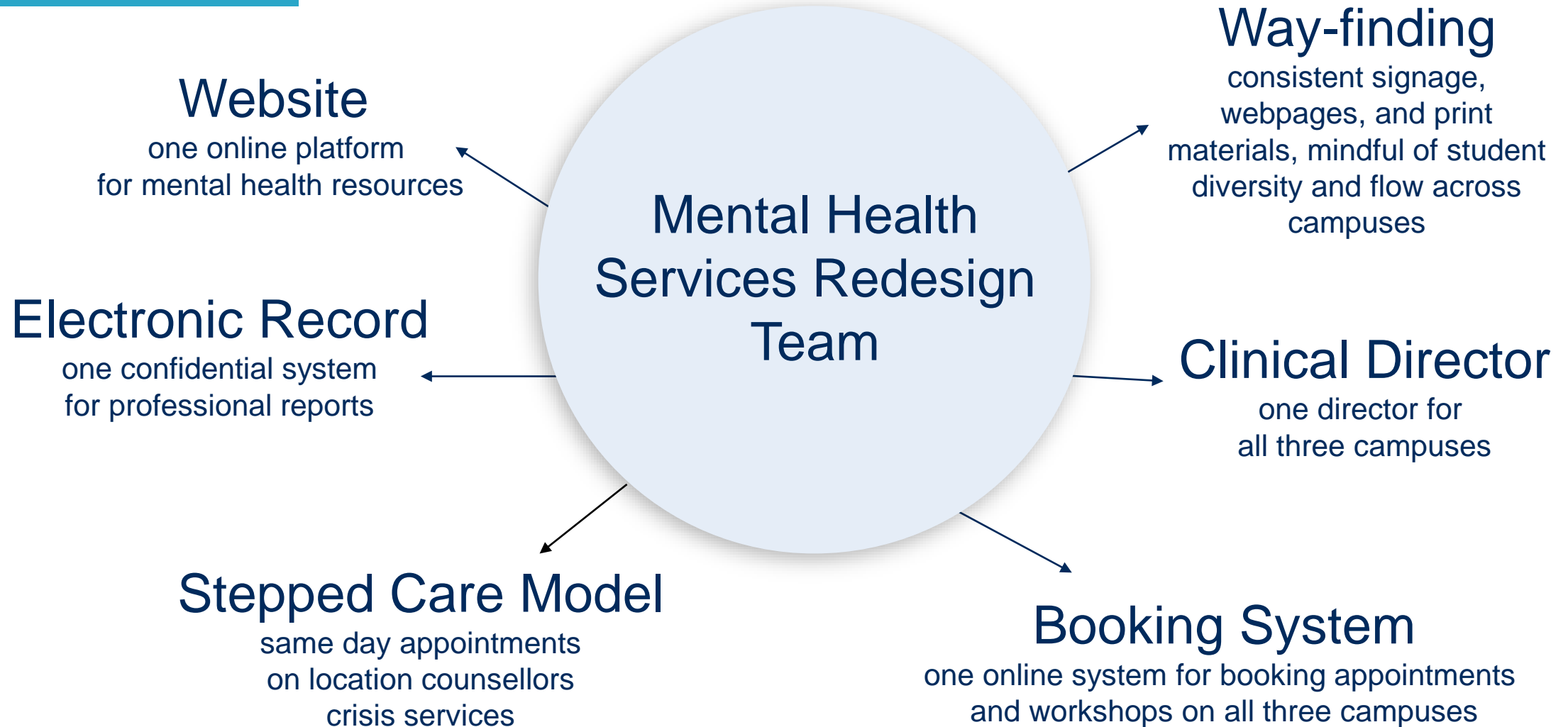


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Administrative Response to Task Force's Final Report

Cheryl Regehr



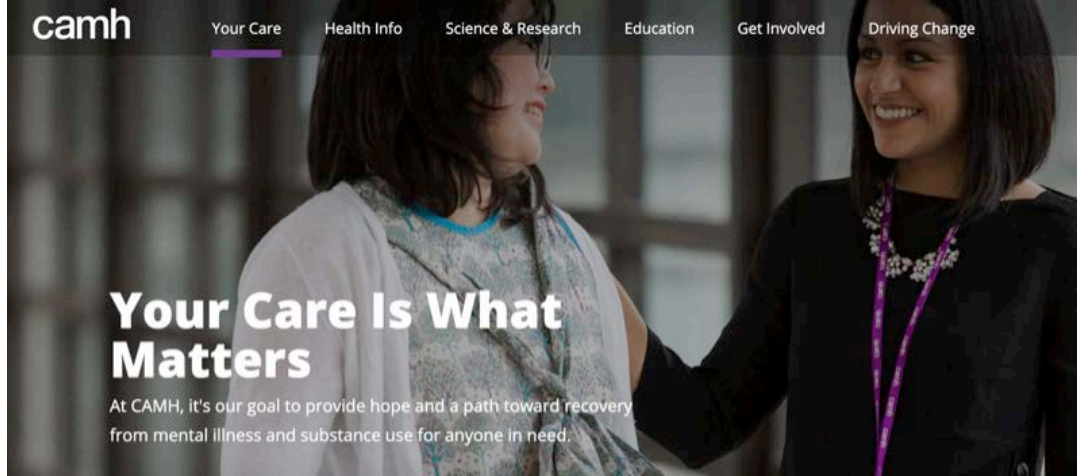


- Create integrated care pathways for students between campus-based services and CAMH
- Will likely expand to include more partnerships through TAHSN and other agencies

A new collaboration with the Centre for Addiction and Mental Health (CAMH) will help achieve the goals identified by the Task Force.

Admin Response
Partnership

- Become a world leader in training the mental health clinicians of tomorrow
 - Internships
 - Group supervision
 - Curriculum innovation



A new collaboration with the Centre for Addiction and Mental Health (CAMH) will help achieve the goals identified by the Task Force.

- Establish a new research initiative between U of T, CAMH, and others
- Clinical and research experts from multiple disciplines
 - Roundtable in January
 - Workshop in February
 - Connaught Fund



Admin Response
Spaces



Admin Response

Culture (Undergrad)



Implementing a New Vision for
Undergraduate Student Experience



Healthy Labs Initiative

Centre for Graduate Mentorship and
Supervision

Standing Advisory Body on
Graduate Student Mental Health



Admin Response

Other

Communications

- UMLAP
- Tragic incidents
- Mental health promotion and literacy

Fundraising and Advocacy

Mental Health and Wellness Advisory Board

Ongoing Updates



“Education and research are both **collaborative endeavours...**
Therefore, the way we relate to one another – not just **intellectually** but also **personally** and **socially** – is **fundamental** to our individual and collective **success.**”

*- Administrative Response to
the Final Report*



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Thank You