

**UNIVERSITY OF TORONTO MISSISSAUGA CAMPUS COUNCIL  
REPORT NUMBER 27 OF THE CAMPUS AFFAIRS COMMITTEE**

**FEBRUARY 13, 2018**

To the Campus Council,  
University of Toronto Mississauga

Your Committee reports that it held a meeting on February 13, 2018 at 4:10 p.m. in the Council Chambers, William G. Davis Building, at which the following were present:

Joseph Leydon, Chair  
Steven Short, Vice-Chair  
Ulrich Krull, Vice-President & Principal  
Lee Bailey  
Arthur Birkenbergs  
Gary Crawford  
Amrita Daniere, Vice-Principal Academic and  
Dean  
Dario Di Censo  
Nykolaj Kuryluk  
Hans van Monsjou  
Mark Overton, Dean of Student Affairs  
James Parker  
Sue Prior  
Susan Senese, Interim Chief Administrative  
Officer  
Jumi Shin  
Joanna Szurmak  
Gerhard Trippen  
Mariana Villada Rivera

Stepanka Elias, Director, Operations, Design  
& Construction  
Dale Mullings, Assistant Dean, Students and  
International Initiatives

**Regrets:**

Atif Abdullah  
Arjan Banerjee  
David Boshra  
Elspeth Brown  
Shelley Hawrychuk  
Judith Poë  
Noor Rahmeh  
Chester Scoville  
Andy Semine  
Amber Shoebridge  
Anthony Wensley

**Non-Voting Assessors:**

Andrea Carter, Assistant Dean, Student  
Wellness, Support & Success  
Christine Capewell, Director, Business  
Services

**In Attendance:**

Sharmeen Abedi, *The Medium*  
Sonia Borg, Assistant Director Ancillary & Student Services  
Megan Evans, Manager, Parking & Transportation  
Vicky Jezierski, Director, Hospitality & Retail Operations  
Felicity Morgan, Director, Career Centre

**Secretariat:**

Cindy Ferencz Hammond, Director of Governance, Assistant Secretary of the Governing Council  
Mariam Ali, Governance Coordinator, UTM

## 1. Chair's Remarks

The Chair welcomed members to the meeting and noted that the voting period began on February 5, 2018 and would close on February 16, 2018 and he encouraged members to vote and participate in the elections.

The Chair provided members with an update on the *University Mandated Leave of Absence Policy*, stating that the University had received communication from the Ontario Human Rights Commissioner prior to the University Affairs Board meeting of January 30, 2018 which expressed her concerns about the proposed *University-Mandated Leave Policy* in the context of the duty to accommodate. The Commissioner had asked the University to delay its approval of the policy. University administration continued to be confident that the proposed policy and its implementation were compliant with the Ontario Human Rights Code and that that the proposed policy had already incorporated points raised by the Commissioner, as well as feedback from students, faculty and staff which led to a better policy – as was reflected in the policy approved by Academic Board. The Chair stated that in order to ensure that the best interests of students continued to be addressed, the University administration was taking additional time to consider the Commissioner's comments and to provide a thorough and thoughtful response. The University administration wanted to ensure that it fully incorporated the relevant legal factors in a way that could be easily seen and understood by all. As a result, the Vice-President and Provost notified the Chair of the University Affairs Board that she had withdrawn the proposed *University-Mandated Leave of Absence Policy* at this time.

## 2. Overview of Mental Health Initiatives at UTM

The Chair invited Ms Andrea Carter, Assistant Dean, Student Wellness, Support & Success to present<sup>1</sup> an overview of mental health initiatives at UTM. Ms Carter explained that the goal of her office was to support comprehensive, integrated care for students, focusing on empowering and building strength in students, as well as developing teams to address challenges and concerns. One of the ways in which this was being accomplished was to move the three previously independently functioning services of Health & Counselling Centre (HCC), the Recreation, Athletics & Wellness Centre (RAWC) and the AccessAbility Centre, under one, integrated umbrella. Ms Carter noted that this had allowed for creative programming and appropriate sharing of information to provide the best service possible.

Ms Carter continued her presentation by describing the characteristics of successful students. She noted that successful students were able to manage competing priorities, were resilient, had social networks that included engaging with others in person, involvement with sports and volunteering and had an understanding of the difference between health concerns and situational stressors. Students who struggled lacked time management skills, were less resilient, more anxious, isolated and less physically active. These students also normally had smaller social groups and experienced situational hurdles as anxiety and depression. She noted that programming focused on assisting students who struggled to become more successful and more resilient and proceeded to talk about some of the initiatives her office was developing.

Ms Carter highlighted several recent HCC programs that promoted the development of wellness, strength,

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<sup>1</sup> A copy of this Presentation is attached as Attachment A.

and empowerment, including bloggers from HCC, who promoted the importance of sleep, peer education, and exercise opportunities to promote healthy habits such as mindfulness and yoga. She noted that another such integrated program between HCC and the RAWC had been to have students registered for non-urgent counselling receive training from personal trainers while waiting to connect with their assigned mental health professional. Ms Carter noted that Professor Brett Beston, from the department of Psychology would be researching the impact of this HCC / RAWC partnership on students' ability to manage stressors as part of his research. She reported that UTM made a major effort to participate in *Bell Let's Talk Day*, and was a leader for the institution. Ms Carter explained that a major part of her mandate was centered on refining crisis response and case management and engaging faculty in a conversation about differentiating between students with mental illness requiring support and those who were simply exhibiting disruptive behaviours.

Ms Carter concluded her presentation by talking about upcoming projects that would focus on resiliency, including placing counsellors and skills advisors in other academic and service departments on campus to increase students seeking support in places more familiar and comfortable to them.

Members discussed the following points:

- In response to a question, Mr. Overton advised that there were plans in the next phase of the Davis Building Meeting Place revitalization for a Student Services Plaza, which would house many student support services in one consolidated area.
- Ms Carter explained that there was no clear data on changes in the proportion of students in vulnerable situations. She noted that instead, the approach was to identify and assist those students who were not resilient, as well as fortify those who were.
- A member asked whether students were aware of these services when they first entered the University, and Ms Carter advised that all orientation sessions including those with parents and families, included awareness programming.
- In response to a question regarding the relationship of mental health and addictions, Ms Carter noted the University's strong ties with community partners to ensure that longer term treatment processes were utilized as appropriate.
- A member wished to know how these initiatives were reaching out to international students. Ms Carter and Mr. Dale Mullings, Assistant Dean, Students & International Initiatives, noted particular programming and outreach to international students, including those whose home cultures had greater stigma in identifying and working with mental illness.
- A member wished to know more about the resources available to teaching staff and teaching assistants on how to refer appropriately. Ms Carter and Mr. Overton noted that the Student Affairs office worked in partnership with the Office of the Dean (Academic) to orient new faculty members on referring to support services, and that plans were being expanded to provide additional information to Teaching Assistants and other staff as well.

The Chair thanked Ms Carter and Mr. Overton and their team for the work they do in this area.

### **3. Compulsory Non-Academic Incidental Fees – Report and Analysis: 2017-18**

The Chair noted that this item was for information and that the Committee had been provided with an inventory of all compulsory non-academic incidental fees approved by governance and collected by

the University for 2017-18. He noted that these fees provided a considerable amount of the funding for each of the Student Services units and were mandatory for all UTM students pursuant to the *Policy for Compulsory Non-Academic Incidental Fees*, subject to the terms and conditions of the University's *Protocol on Non-Tuition Related Fees*. Mr. Mark Overton, Dean of Student Affairs pointed members to a minor change, which had been updated in the documentation available online.

A member noted that despite spending considerable time reviewing the documentation for this item, its purpose and impact was unclear. The Chair clarified that the documentation may include more information than necessary for UTM to understand its positioning within University student fees and was also reflective of the history of the University's fee structure. Mr. Overton noted that the key information he suggested utilizing in the documentation was UTM comparisons to fees from similar units within the University such as UTSC, and the Faculty of Arts & Science Colleges of Innis, Woodsworth and New. The report also provided perspective on how student services fee increases mapped against student government fee increases. Another member expressed difficulty in deciphering the key points of the documentation, and noted the range of fee increase percentages and wished to determine whether these were primarily attributed to the change in minimum wage. Mr. Overton responded that such increases were normally a combination of multiple factors, including changes in the minimum wage and their particular impact on departments with heavy student employment, and in some cases student endorsements of fee increases.

#### **4. Compulsory Non-Academic Incidental Fees - Student Society Fees: UTM Student Society Proposals for Fee Increases (UTMAGS & UTMSU)**

The Chair noted that student society fees were subject to the terms and conditions of the *Policy on Ancillary Fees* and the *Policy for Compulsory Non-Academic Incidental Fees*. He invited Mr. Overton to provide a brief overview of the item. Mr. Overton advised members that the fee increases requested by student societies adhered to their respective rules. The Chair provided members with comments from Mr. Arjan Banerjee, President of the University of Toronto Mississauga Association of Graduate Students (UTMAGS), in which he stated that the proposed increase for graduate students was to be considered at a meeting held on February 14<sup>th</sup> by the UTMAGS. He also noted that the entirety of the UTMAGS fee, which was an administrative fee, was used for the delivery of the U-Pass to graduate students. Funds for UTMAGS events and programming were collected as part of a separate Graduate Student Union fee collected through a tri-campus levy.

A member asked what implications there would be if these fees were not approved. In response, Mr. Overton noted that there would be a significant challenge to undergraduate students, as the U-Pass fees were the result of a multi-year contractual obligation with the City of Mississauga. In response to a member's comments regarding contract negotiations and cost reduction, Mr. Munib Sajjad, Executive Director of the University of Toronto Mississauga Student Union (UTMSU) advised that the increases were currently capped at 9% per year, but had been re-negotiated at 7% this year. Mr. Sajjad added that in addition to reducing costs for the U-Pass the UTMSU had greater hopes to lobby the Province for improved transit infrastructure across the GTA and continued this lobbying in partnership with other universities. The Chair noted that U-Pass had been a significant development for UTM as a commuter campus, to improve accessibility and also the sustainability initiatives on campus and credited the UTMSU for ensuring improved service levels.

The Chair asked for the UTMSU to comment on how centrally collected University of Toronto Students Union (UTSU) fees were distributed to the UTMSU. Ms Salma Fakhry, President of the UTMSU, advised that the UTMSU negotiated a multi-year agreement with the UTSU and that UTMSU was currently being reimbursed 85% of the total UTSU fees collected from UTM students.

On motion duly moved, seconded, and carried

#### YOUR COMMITTEE RECOMMENDED

THAT subject to approval of the following fee increase proposals by the University of Toronto Mississauga Association of Graduate Students (UTMAGS) on February 14, 2018,

THAT beginning in the Fall 2018 session, the University of Toronto Mississauga Association of Graduate Students (UTMAGS) fee be increased as follows: (a) an increase of up to \$10.83 per session (full-time only) (Fall and Winter sessions) in the Mississauga U-Pass portion of the fee; and (b) an increase of up to \$6.66 per session (full-time only) (Fall and Winter sessions) in the Mississauga Summer Transit U-Pass portion of the fee.

THAT subject to approval of the following fee increase proposals by the University of Toronto Mississauga Students' Union (UTMSU) on February 8, 2018;

THAT beginning in the Summer 2018 session, the University of Toronto Mississauga Student Union (legally, the Erindale College Student Union) fee be increased as follows: (a) an increase of \$9.43 per session (\$9.43 part-time) (Summer session only) in the Mississauga Transit U-Pass portion of the fee;

THAT beginning in the Fall 2018 session, the UTMSU fee be increased as follows: (a) an increase of \$0.22 per session (\$0.02 part-time) in the society portion of the fee; (b) an increase of \$0.01 per session (\$0.01 part-time) in the On Campus First Aid Emergency Response/Erindale College Special Response Team (ECSPERT) portion of the fee; (c) an increase of \$0.02 per session (\$0.02 part-time) in the Academic Societies portion of the fee; (d) an increase of \$0.01 per session (Fall and Winter sessions) (\$0.01 part-time) in the Food Bank portion of the fee; (e) an increase of \$0.02 per session (\$0.02 part-time) in the Student Refugee Program portion of the fee; (f) an increase of up to \$8.12 per session (Fall and Winter sessions) (\$8.12 part-time) in the Mississauga Transit U-Pass portion of the fee; and

THAT beginning in the Fall 2018 session, the UTMSU fee charged to Mississauga Academy of Medicine (MAM) students in the Fall and Winter sessions be increased as follows: (a) an increase of up to \$6.00 per session in the Mississauga Transit Summer U-Pass portion of the fee.

#### **5. Operating Plans and Fees: UTM Student Services\***

The Chair advised members that pursuant to *The Protocol* approved by the Governing Council on October 24, 1996, the UTM Quality Service to Students committee (QSS) reviewed annual operating plans, including budgets and proposed compulsory non-academic incidental fees and would then offer

advice to the Committee on those plans. The Chair invited Mr. Overton to speak to Item 5a to explain the process by which student services were funded, and to discuss the requirements of *The Protocol* and role of 'Protocol bodies', such as QSS. He also noted that QSS, while not formally part of the University's governance system, was created by University policy and accountable to the Governing Council, and provided a mechanism to receive student advice in decisions on non-tuition related fees. The Chair invited Mr. Overton to present the item.

**a) Advice from the Quality Service to Students Committee (QSS)**

Mr. Overton advised members that QSS was a committee of students and administrators created as a forum on student services and consulted students on certain categories of compulsory non-academic incidental fees to ensure a mechanism for input into specified services and fees. Mr. Overton noted to members that the campus fees for consideration included the Health & Counselling fee, the Physical Education, Athletics and Recreation Fee and the Student Services fee. Mr. Overton provided an overview of the factors that drove costs for the campus fees, which included operating cost estimates such as compensation, space costs and third party services. Other drivers included extraordinary expenses such as major maintenance, borrowing requirements and debt retirement as well as service demand and revenue projections based primarily on enrolment. Mr. Overton explained that the Health & Counselling and Physical Education, Athletics and Recreation Fees were endorsed by QSS, while the Student Services Fee had not been endorsed.

Professor Leydon provided some comments on QSS advice on behalf of Ms Vanessa DeMello, Chair of QSS, who was unable to attend the meeting. Feedback on the Student Services fee included a straw poll on each subcomponent of that fee. Although the majority of voters were in favour in the final vote, the majority of student voters were not and therefore the vote lacked the double-majority necessary for that request's endorsement. Feedback was sought from the members of the QSS to help offer feedback regarding services; however none were offered at the voting meeting.

In response to a member seeking clarification on vote counts, specifically that the straw polls had passed for some proposals that had subsequently failed, Mr. Overton explained that it was his belief it was politically challenging for student representatives to endorse an increase in fees. He added however that members of QSS sought to ensure that services in strategic priority areas did not fall behind.

**b) Operating Plans and Fees**

The Chair invited Mr. Overton to present the item. Mr. Overton provided an overview of the three campus fees along with the subcomponents within the student services fee. Mr. Overton noted that the Health & Counselling fee encompassed changes including an expansion of on-location and embedded counselling in departments, expansion of the electronic medical record system and a dedicated graduate student wellness ambassador for improved health promotion. The Athletics & Recreation budget included enhanced counselling and learning support for student athletes, increased marketing and communications, partnerships with AccessAbility Services for students with sports injuries and an upgrade to outdoor recreation space. Mr. Overton continued by highlighting key initiatives in the Student Services areas, including increased support for experiential learning and orientation programming for international students, a new application system to promote Co-Curricular Record

activity, enhanced Career Centre initiatives and partnership approaches with employers. Mr. Overton noted that some of the fleet offering shuttle service between UTM and St. George had been upgraded to include air conditioning, improved suspension, accessible lifts and Wi-Fi. The shuttle service was also exploring the creation of a real-time shuttle arrival and departure applications. He added that there were additional bursaries being provided for childcare services for all UTM Student parents.

A member inquired about how the price was set for the shuttle bus, and Ms Megan Evans, Manager, Parking & Transportation, responded that fare revenue, demand analysis and the needs of the entire operation were reviewed and analyzed annually. Pricing also considered the average cost per rider. In response to a follow up question regarding plans to increase revenues by increasing the price of the ticket, Ms Evans advised that the goal was to have the least impact on those who are assessed the fee and current plans were to keep the price at current levels.

A member asked if external sponsorship opportunities had been pursued to generate revenues rather than increase fees. Mr. Overton advised that service managers regularly considered other sources of revenue, such as shuttle ridership by those who were not students, rental of field spaces when not in high demand by UTM teams, and optimizing insurance billing for health care services, as examples. The challenge was to ensure that in doing so, students remained a service priority.

In response to a member's comment regarding the effects of the pause in enrolment expansion, it was clarified by Mr. Overton that Business Services helped develop models to anticipate changes in enrolment and related fee revenues to help services with their budget planning.

On motion duly moved, seconded, and carried

#### YOUR COMMITTEE RECOMMENDED

THAT the 2018-19 operating plans and budgets for the UTM Health & Counselling Centre; the UTM Department of Physical Education, Athletics & Recreation; and the UTM Student Services under the Student Services Fee, recommended by the Dean of Student Affairs, Mark Overton, and described in the attached proposals, be approved; and

THAT the sessional Health Services Fee for a UTM-registered or UTM-affiliated full-time student be increased to \$46.06 per session (\$9.21 for a part-time student), which represents a year-over-year increase of \$1.34 per session (\$0.27 for a part-time student) or 3.01% (resulting in a permanent increase of 3.01%); and

THAT the sessional Athletics & Recreation Fee for a UTM-registered or UTM-affiliated full-time student be increased to \$197.29 per session (\$39.46 for a part-time student), which represents a year-over-year increase of \$18.58 per session (\$3.72 for a part-time student) or 10.40% (resulting from the elimination of a 2015-16 three-year temporary increase, and a permanent increase of 12.52%); and

THAT the sessional Student Services Fee for a UTM-registered or UTM-affiliated full-time student be increased to \$189.90 per session (\$37.98 for a part-time student), which represents a year-over-year increase of \$22.24 per session (\$4.45 for a part-time student) or 13.26%

(resulting from the elimination of a 2015-16 three-year temporary increase, and a permanent increase of 2.00% and a three-year temporary increase of 15.76%).

**6. Assessor's Report**

There was no report.

**CONSENT AGENDA**

On motion duly moved, seconded, and carried

**YOUR COMMITTEE APPROVED**

THAT the consent agenda be adopted and that Item 7 - Report of the Previous Meeting, be approved.

**7. Report on Capital Projects – as at January 30, 2018**

**8. Report of the Previous Meeting: Report 26 – January 9, 2018**

Report number 26, dated January 9, 2018 was approved.

**9. Business Arising from the Report of the Previous Meeting**

**10. Date of Next Meeting – Tuesday, March 28, 2018 at 4:10 p.m.**

**11. Other Business**

There was no other business.

The meeting adjourned at 5:34 p.m.

\_\_\_\_\_  
Secretary  
February 16, 2018

\_\_\_\_\_  
Chair



# Overview of Mental Health Initiatives at UTM

Campus Affairs Committee

February 13, 2018

Council Chamber, Room 3130 William G. Davis Building



Integrative & Comprehensive Programming

## What do we know about successful students?

- Time Management skills
- Resiliency
- Social Networks (beyond social media)
- Understanding of health and situational stressors

## What do we know about unsuccessful students?

- Constant struggles
- Lack resiliency as a tool
- Less physically active
- Isolated
- Anxious
- Situational depression/ anxiety

# Initiatives & Commitments

WELLNESS  
*at* UTM





**HAVE A GOOD NIGHT  
SLEEP TONIGHT!**

HELLO, FRIENDS!



Welcome to Wellness at UTM. We share relatable and actionable information, tools, and resources for your health and wellness. New Post every Friday!

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**Fitting in Fitness: How to  
get started?**



## **FINDING COMMUNITY**



## **EMBRACING THE WORD 'NO'**

## The year ahead...

Skills and Resource Embedded  
Counsellor

Wellness Embedded Counsellor

Dedicated space for engagement

Resiliency as focus

