



TO: Planning and Budget Committee

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DATE: December 7, 2009 for January 18, 2010

AGENDA ITEM: 7

ITEM IDENTIFICATION: Faculty of Physical Education and Health - Proposal for a new Bachelor of Kinesiology (B.Kin.) and a revised Bachelor of Physical and Health Education (B.P.H.E.)

JURISDICTIONAL INFORMATION:

Excerpt from the terms of reference for the Planning and Budget Committee:

4.4.2. The Committee advises the Academic Board on the planning and resource implications of plans and proposals to establish, disestablish or significantly restructure academic programs. Implications might include significant planning and budgetary changes within the significant effects on other divisions, the University as a whole and the public.

PREVIOUS ACTION TAKEN:

HIGHLIGHTS:

The Faculty of Physical Education and Health is proposing a new Bachelor of Kinesiology (B.Kin.), and a revised Bachelor of Physical and Health Education (B.P.H.E.) program, as described in the attached executive summary. The full proposal, including proposed curricula and degree level expectations, will be presented for approval to the Committee on Academic Policy and Programs on January 12, 2010.

During the past eighteen months, as part of its academic planning, the Faculty has undergone a curriculum review exercise in order to develop an undergraduate curriculum that positions the Faculty more clearly in the changing landscape of its disciplinary fields to strengthen the preparation of future kinesiologists/health professionals and future physical and health educators. There is growing need to ensure the delivery of quality daily physical education to young people within the public school system, thus increasing the demand for physical education specialists. There is also a growing awareness of the role of physical activity/exercise in the prevention and treatment of the leading causes of illness and death. The increasing attention to the importance of exercise for health promotion is reflected in the recent legislative changes that makes Kinesiology a regulated health profession in Ontario. The proposed revised Bachelor of Physical and Health Education and new Bachelor of Kinesiology will strengthen the Faculty's curriculum in both Kinesiology and Physical and Health Education. It is expected that student demand for a kinesiology degree will increase as

students interested in this field will seek academic preparation to meet the criteria for the registration process.

A core foundational curriculum for both the BPHE and BKin is proposed for the first two years in order to expose students to the various disciplinary areas of study within our field and to provide a basic level of knowledge within each of these areas. The goal of the curricula in years 3 and 4 is to provide sufficient depth to meet the learning objectives of either programme while also requiring breadth courses to ensure a multidisciplinary curriculum. The BPHE will require stronger concentration in the social sciences in the optional choices; the BKin in the biophysical sciences.

The Faculty consulted broadly with current students, alumni, professionals in the field (including the Canadian Council of University Physical Education and Kinesiology Administrators, CCUPEKA), and colleagues within and outside the University. The Faculty of Arts and Science, the Ontario Institute for Studies in Education, and the University's Council of Health Sciences are in support of the proposal. The proposal was approved by the Faculty of Physical Education and Health Council on December 1, 2009.

FINANCIAL AND/OR PLANNING IMPLICATIONS:

The Faculty intends to implement the first year of the new curriculum in September 2010. Subsequently, each year of the programme will be phased in one year at a time.

There are no resource implications for the University's operating budget for the revised BPEH and new BKIN program. The proposal has been reviewed and approved by the Faculty and by the Vice-Provost Academic Operations Office. There are no proposed changes in the Faculty's overall undergraduate enrolments. Costs associated with upgrade of new equipment and related to implementation of a transition plan for current first-year students will be covered by the Faculty.

RECOMMENDATION:

The Planning and Budget Committee concurs with the recommendation of the Committee on Academic Policy and Programs:

THAT the proposed Bachelor of Kinesiology (B.Kin.) Program, as described in the attached proposal, be approved, for students admitted for September 2009; and

THAT the proposed revisions to the Bachelor of Physical Health and Education (B.P.H.E.) program, as described in the attached proposal, be approved, for students admitted for September 2009.

Faculty of Physical Education and Health

Proposal for a new Bachelor of Kinesiology (B.Kin.) and a revised Bachelor of Physical and Health Education (B.P.H.E.)

Executive Summary

The mission of the Faculty of Physical Education and Health is to develop, advance and disseminate knowledge about physical activity, health, and their interactions through education, research, leadership, and the provision of opportunity. The Faculty provides undergraduate students with a strong academic background in the behavioural, biophysical, and socio-cultural disciplinary fields of physical activity and health, and the skills necessary for a lifetime of learning and leadership in education and health in a rapidly changing world. We also equip our graduates with the skills to address the major social challenges facing the profession, especially the challenge of equity and diversity within the domain of physical activity.

During the past eighteen months, the Faculty has undergone a curriculum review exercise in order to develop an undergraduate curriculum that positions our Faculty more clearly in the changing landscape of our disciplinary fields to strengthen the preparation of future kinesiologists/health professionals and the preparation of future physical and health educators. There is growing public pressure to ensure the delivery of quality daily physical education to young people within the public school system, thus increasing the demand for physical education specialists. There is also a growing awareness of the role of physical activity/exercise in the prevention and treatment of the leading causes of illness and death. The increasing attention to the importance of exercise for health promotion is reflected in the recent legislative changes that makes Kinesiology a regulated health profession in Ontario. It is reasonable to assume that the student demand for a kinesiology degree will increase as students interested in this field will seek academic preparation to meet the criteria for the registration process. The proposed revised Bachelor of Physical and Health Education and new Bachelor of Kinesiology will strengthen our curriculum in both Kinesiology and Physical and Health Education; maintaining a multidisciplinary, discipline-focused curriculum while allowing for greater flexibility in course selection in the upper years. The renewal of the undergraduate curriculum was one of the goals of the Faculty's *Stepping Up* academic plan.

For the purposes of our curriculum renewal exercise, the term kinesiology refers to the study of human movement in the broadest sense. The definition we advocate is as follows: "Kinesiology is the broad study of human movement in all of its contexts including cell structure and function, biomechanics, perceptual-motor behaviour, sports and health psychology, physical activity pedagogies and the place of human movement in socio-cultural contexts." We believe that to maintain, rehabilitate or enhance movement, exercise and performance therefore requires an understanding of a range of knowledge spanning the biophysical, psychological, and social sciences and the humanities.

A core foundational curriculum for both the BPHE and BKin is proposed for the first two years. The rationale for a core foundational curriculum is to expose students to the various disciplinary areas of study within our field and to provide a basic level of knowledge within each of these areas. The goal of the curricula in years 3 and 4 is to provide sufficient depth to meet the learning objectives of either the BPHE or BKin while also requiring breadth courses to ensure a multidisciplinary curriculum. The BPHE will require stronger concentration in the social sciences in the optional choices; the BKin in the biophysical

sciences. The undergraduate programme's CCUPEKA (Canadian Council of University Physical Education and Kinesiology Administrators) accreditation in both Teacher Preparation and Kinesiology will be maintained in the proposed programmes.

The proposed revised BPHE curriculum changes will have no impact on the Faculty's CTEP (Concurrent Teacher Education Program) cohort.

Throughout the curriculum renewal process we engaged in broad consultation with current students, alumni/ae, professionals in the field, the other Health Science Deans, the Ontario Institute for Studies in Education, the Faculty of Arts and Science, and colleagues within and outside of the university. There is broad support for this proposal.

The courses in the revised curriculum BPHE and new BKIN will be covered by the current teaching staff so there will be no additional base budget resources required as a result of this renewal process, although there will be transition costs for the implementation. There will be no change to the admissions requirements and no proposed changes to target enrolment.

The new curriculum will be available to students entering the Faculty in September 2010 although accommodations will be made for the 2009/10 cohort to take advantage of the revised BPHE and the new B.KIN degree programmes.