



FOR APPROVAL

PUBLIC

OPEN SESSION

TO: UTSC Academic Affairs Committee

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DATE: March 22, 2018 for March 29, 2018

AGENDA ITEM: 11

ITEM IDENTIFICATION:

Graduate Minor Curricular Modifications—Graduate Department of Psychological Clinical Science

JURISDICTIONAL INFORMATION:

University of Toronto Scarborough Academic Affairs Committee (AAC) “is concerned with matters affecting the teaching, learning and research functions of the Campus” (*AAC Terms of Reference, Section 4*). Under section 5.6 of its terms of reference, the Committee is responsible for approval of “Major and minor modifications to existing degree programs.” The AAC has responsibility for the approval of Major and Minor modifications to existing programs as defined by the University of Toronto Quality Assurance Process (*UTQAP, Section 3.1*).

GOVERNANCE PATH:

1. **UTSC Academic Affairs Committee [For Approval] (March 29, 2018)**

PREVIOUS ACTION TAKEN:

No previous action in governance has been taken on this item.

HIGHLIGHTS:

This package includes minor modifications to graduate curriculum, submitted by the Graduate Department of Psychological Clinical Science, which require governance approval. Minor modifications to curriculum are understood as those that do not have a significant impact on program or course learning outcomes. They require governance approval when they modestly change the nature of a program or course.

Graduate Minor Curriculum Modifications for Approval, Report 2 includes the following changes:

- Minor program modifications to the PhD in Counselling and Clinical Psychology – Clinical Psychology field
- 2 new courses

FINANCIAL IMPLICATIONS:

There are no net financial implications to the campus operating budget.

RECOMMENDATION:

Be It Resolved,

THAT the minor curriculum modifications submitted by the Graduate Department of Psychological Clinical Science, as described in the 2018-19 Curriculum Cycle: Graduate Minor Curriculum Modifications for Approval, Report 2, dated March 13, 2018, and recommended by the Vice-Principal, Academic and Dean, Professor William Gough, be approved for the academic year 2018-19.

DOCUMENTATION PROVIDED:

1. 2018-19 Curriculum Cycle: Graduate Minor Curriculum Modifications for Approval Report 2, dated March 13, 2018.



2018-19 Curriculum Cycle Graduate Minor Curriculum Modifications for Approval Report 2

March 13, 2018

Graduate Department of Psychological Clinical Science

Program Changes

PhD Counselling and Clinical Psychology – Clinical Psychology Field

Summary

	<i>Changing Admission Requirements</i>		<i>Renaming Field, Concentration or Emphasis</i>
x	<i>Changing Program Length or Requirements</i>		<i>Renaming of Program or Degree</i>
	<i>Changing Timing of Program Requirements</i>		<i>Creating a new Emphasis</i>
	<i>Adding/Removing Option (i.e. part-time, flex-time)</i>		<i>Changes to programs affecting a MOA</i>
<p>Summary:</p> <ol style="list-style-type: none"> 1. Adding two, one-day CR/NCR (CPS 2901H and CPS 2902H) courses to the program requirements. 2. Minor clarification around the clinical internship training requirement. 			

Effective Date of Change

Fall 2018

Academic Rationale

1. Adding two, one-day CR/NCR courses (CPS 2901H and CPS2902H) to the PhD program requirements:

Consistent with Canadian Psychological Association Accreditation Standards for training in clinical psychology, the graduate unit must ensure coverage of clinical practice content areas which include clinical supervision and program development, evaluation and consultation. This material was originally intended to be integrated into CPS3901H The Historical and Scientific Foundations of Psychology however it proved to be too much content for one course (the 2017-18 academic year was the first year CPS3901H was taught). The GD-PCS Program Committee decided to shift the clinical practice content into two, one-day courses. The courses have since been successfully created and delivered by registered psychologists, with expertise in the respective fields. Moving forward, GD-PCS wants these courses to appear on the academic transcript that students will ultimately submit as part of the application process for registration as a psychologist with the College of Psychologists of Ontario (and/or other regulatory provincial/state bodies) and is a necessary component of all Canadian clinical psychology programs. Note: our sister field at OISE, Clinical and Counselling Psychology, spread the

clinical practice content areas across multiple courses (i.e., APD1203, APD3217, APD3202, and APD3215).

2. Minor clarification around the clinical internship training requirement:

As the program continues to evolve, the unit felt it necessary to clarify language around the one year, full-time clinical internship requirement. Securing an internship is a highly competitive endeavour and although it is the preference of the graduate unit that all students complete accredited internships, it may be the case that a student is not successfully matched. In these rare circumstances an alternative arrangement must be made. The GD-PCS has established very stringent criteria in which to evaluate non-accredited placements to ensure training standards are upheld (see Appendix B). The Director of Clinical Training will be responsible for this assessment and will consult as needed. It should be noted that this is not an uncommon practice for clinical psychology training programs.

Impact on Students

The proposed changes to the program requirements will not have any negative impacts on continuing or incoming students. None of our current students have completed the internship requirement yet. The first cohort will be applying for internships in Fall 2018. Also, all current PhD students have completed the two, one-day courses and have received official letters of confirmation from GD-PCS.

Currently, all PhD students are on track to meet the requirements as outlined above.

Consultation

The GD-PCS program committee has reviewed and approved all proposed modifications on January 18, 2018.

Resources

None

Appendix A: Calendar Entry

Doctor of Philosophy

Program Description

The field in Clinical Psychology is offered primarily by the Department of Psychological Clinical Science at UTSC. Clinical Psychology at UTSC adheres to a Clinical Science model of training. Housed within the Graduate Department of Psychological Clinical Science, the primary and overriding objective of graduate training in Clinical Psychology at UTSC is to foster exceptional clinical scientists according to the highest standards of research and professional practice.

A unifying theme of faculty research in Clinical Psychology at UTSC is to advance the assessment and treatment of mental disorders, especially depressive and bipolar disorders, anxiety disorders, schizophrenia-spectrum disorders, borderline personality disorder, and neurocognitive disorders, such as dementia due to Alzheimer's or Parkinson's disease.

The PhD program is designed for applicants interested in a career as a clinical psychologist based on a **Clinical Science** model of training. Graduate training in Clinical Psychology at UTSC prepares graduates primarily for research careers as psychological clinical scientists in university and academic medical settings. The PhD program has research strengths in **clinical neuropsychology and neurosciences; personality and psychological assessment; and mindfulness- and acceptance-based psychotherapies**.

It is distinguished by its innovative cross-disciplinary approach that emphasizes scientific innovation through novel research collaborations that push traditional boundaries in clinical psychology. Importantly, the program meets the needs of students who plan to engage in research, teaching, and/or evidence-based clinical practice. This program is intended to meet the registration requirements of the College of Psychologists of Ontario (CPO) at the doctoral level.

The Counselling and Clinical Psychology program (Clinical Psychology field) is offered on a full-time basis, and progress in the program will be reviewed annually.

Minimum Admission Requirements

- Applicants are admitted under the General Regulations of the School of Graduate Studies. Applicants must also satisfy the Department of Psychological Clinical Science's additional admission requirements stated below.
- A master's degree in Clinical Psychology (or its equivalent) from a recognized university, with a minimum A- average and excellent research performance.
- Competitive scores on General and Subject (Psychology) tests of the Graduate Record Examinations (GRE).
- Two academic letters of reference.
- A personal statement.
- A curriculum vitae.
- Applicants whose primary language is not English and who graduated from a university where the language of instruction is not English must demonstrate proficiency in English. Applicants must complete the Test of English as a Foreign Language (TOEFL), or its equivalent according to SGS

regulations, prior to submitting the application. See [General Regulations section 4.3](#) for requirements.

Program Requirements

- The PhD program requires **6.0 full-course equivalents (FCEs)** including coursework, three clinical placements, plus a comprehensive examination, thesis proposal, thesis, and thesis defence:
 - 4.0 FCEs in coursework, normally completed by the end of Year 3 (CPS 1103H, CPS 1201H, CPS 1301H, CPS 1401H, CPS 1501H, CPS 1809H, CPS 3801H, CPS 3901H).
 - **Completion of two, one-day courses (CPS 2901H and CPS 2902H) assessed as Credit/No Credit.**
 - 2.0 FCEs in clinical work:
 - 1.0 FCE in two separate part-time clinical placements during Years 1 and 2 (CPS 3999H and CPS 4999H).
 - 1.0 FCE in a one-year, full-time clinical internship at a Canadian Psychological Association- or American Psychological Association-accredited clinical setting (**or equivalent**), which normally takes place during Year 5 (CPS 5999Y). Eligibility for the clinical internship will be assessed by the Director of Clinical Training (DCT) prior to Year 4 of the program.
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- The **comprehensive examination** requirement consists of two mandatory components:
 1. An oral examination focused on clinical expertise (normally completed in the Summer session of Year 1); and
 2. A research-focused paper (normally completed in the Summer session of Year 2).
 - A pass on both components is required for a student to continue on to PhD candidacy. Students who fail the oral exam will have the opportunity to retake the exam. Students who fail the research paper will have the opportunity to revise and resubmit. Students who fail either or both component(s) on the second attempt should consult the School of Graduate Studies' Academic Appeals Policy. If after the appeals process and second attempts at either or both component(s) result in a failure, the student will no longer be eligible to continue in the PhD program. Guidelines on the comprehensive requirement can be found in the PCS Graduate Handbook.
- **Thesis proposal**, normally approved prior to the start of Year 3 of the program.
- **Completed thesis.**
- Successful **defence of the thesis** at the Final Oral Examination.
- For students interested in acquiring additional clinical hours, the PhD program provides the following optional courses: CPS 6999H and CPS 7999H. Please note that optional courses for the PhD must be approved by the faculty supervisor, the DCT, and the Graduate Chair prior to course enrolment.
- Supervisors will have annual meetings with students to assess academic progress and to develop plans of study. The DCT will also hold formal annual meetings with students to assess clinical and professional progress.
- The program length is five years, which includes a pre-doctoral internship.

Program Length

5 years

Time Limit

6 years

Appendix B: Policy and Procedures on Approving Non-CPA or APA Accredited Internships

Approved in Revised Form by Program: August 24, 2017

The Graduate Department of Psychological Clinical Science (GD-PCS) expects students to complete CPA- or APA-accredited internships. To maximize students' ability to secure an accredited internship, all students will participate in all phases of the APPIC match, submitting a robust number of applications, typically at least 10. Students are not permitted to drop out of the APPIC match except due to exceptional circumstances and with the approval of the Director of Clinical Training (DCT).

The GD-PCS will only consider approving a non-accredited internship in the unlikely circumstance that a student does not match after participating in all of the APPIC phases, and does not wish to participate in the APPIC match for a second time. In a rare situation such as this, the Department's position is that the non-accredited internship should meet training and professional standards that are substantially the same as sites that are accredited with CPA. For the DCT to approve such placements, documentation must be provided to demonstrate that the training is equivalent to an accredited internship. Students should attempt to provide the DCT with information as soon as possible.

Congruent with the CPA and/or APA standards, the following criteria must be present:

1. The internship setting must demonstrate support for training, ideally, through adequate and stable budgeting for training operations. Preferentially, internships should have financial support for interns.
2. The training should be co-ordinated by a psychologist registered by the appropriate professional governing body (e.g., College of Psychologists of Ontario). All supervisors should be credentialed by the appropriate professional governing body for psychologists as well.
3. The internships will consist of one year of full time training, or half-time over a period of two years (i.e., a minimum of 1600 hours).
4. The internship must have a formal system for evaluating the progress of the students. There must be a system for performance feedback, plus due process, remediation, and grievance procedures.
5. The internship training consists of an organized and coherent set of experiences, allowing for the integration and synthesis of clinical experiences. There should be an organized didactic component.
6. Supervision on both an individual and group basis must total a minimum of 4 hours per week. However, individual face-to-face supervision must comprise a minimum of 3 hours per week.

Below are other highly appropriate criteria, some of which can best be judged by a visit to the setting rather than through documentation. These include:

- a) A respect for issues of cultural and individual differences. Trainees and staff should espouse these values.
- b) Adequate facilities are provided, including office space, audio-visual resources and computer resources.

If a student wishes approval for a non-accredited internship placement, the following procedure should be followed:

For students who, in exceptional cases are considering an unaccredited internship, please bear in mind that the GD-PCS is responsible for ensuring that non-accredited settings meet accreditation standards as much as possible. As such, the DCT will work collaboratively with you and the setting to ensure the highest quality placement for your clinical training.

1. Documentation must be provided to the DCT, which demonstrates that the proposed program meets the criteria as outlined above. The documentation is necessary to demonstrate that the internship is potentially accreditable. Documentation should include CVs of the relevant supervisory personnel.
2. The proposal should describe how the potential setting addresses each of the points below:
 - Provide a brief philosophy of training (explicates its values and principles re teaching and training) including goals and objectives (which operationalize the philosophy of training).
 - By the end of the internship, interns must be eligible for registration and accordingly must have experience in a range of assessment and intervention procedures, consultation, and program development and evaluation. This includes training in empirically supported interventions, and in more than one treatment modality.
 - Written individualized training plan is completed by the internship's Director of Training or primary supervisor and the intern at the beginning of the year and/or each rotation, including detailed training objectives and caseload expectations.
 - Scheduled supervision is provided at a minimum of 4 hours per week by licensed psychologists (3 individual supervision hours).
 - Interns are given feedback about their progress on an ongoing basis (written and consistently applied format that reflects program's goals and objectives, with explicit assessment of interns progress in meeting these); completed at regular, predetermined points; intern and training director given a copy.
 - Intern progress is reported in writing to the DCT of the doctoral program at least twice and in the event of remediation/difficulty, based on a synthesis of supervisors' evaluations.
 - Program has written minimum standards for successful completion of the program that are presented to the intern in advance of the internship year.
 - Programs demonstrate understanding and respect for diversity in intern evaluation procedures and in training/educational experiences.
 - At least two interns are enrolled in this training site.
 - Facilities and resources include a quiet workspace, secure storage, means of communication, appropriate space to carry out client activities, clerical support including means of documentation, AV resources for supervision, computer access, & library facilities.
3. Following receipt of the documentation, the DCT or his/her delegate should assess the setting (e.g., review of online materials, conference call) if necessary.
4. The final step in this process involves the DCT reviewing the application and deciding if approval is warranted for the proposed internship placement.

5. If the DCT wants consultation on the decision about the CPA- or APA-equivalency of a non-accredited internship site, he or she may consult with the faculty at a faculty meeting. If a student and/or supervisor disagree with the DCT's decision after discussion between parties, the student or supervisor can also present their case at a faculty meeting for review.

New Courses

CPS 2901H Clinical Supervision

Effective Date

September 2018

Course Description

This one-day course will provide students with an overview of theory, research and practice in the clinical supervision of psychology trainees involved in mental health service provision. The course includes didactic lectures, reflective exercises, and group discussions. It covers topics such as theories and models of supervision, empirical research on supervision, diversity issues in supervision, and the rights and responsibilities of supervisees and supervisors.

Academic Rationale

Consistent with Canadian Psychological Association Accreditation Standards for training in clinical psychology, the proposed course will cover clinical practice content (i.e., clinical supervision) in a more practical, experiential learning format, as opposed to trying to integrate that content into an existing course. The one-day course would be created and delivered by one or more registered psychologists, experienced in clinical supervision of psychology trainees. It will be required in the PhD program. It is important that the content of the course is captured on the academic transcript students submit as part of the application process for registration as a psychologist with the College of Psychologists of Ontario (and/or other regulatory provincial/state bodies), and is a necessary component of all Canadian clinical psychology programs.

Learning Outcomes

By the end of this course, students will be able to:

1. Define clinical supervision and describe dominant models and frameworks.
2. Characterize empirical evidence for the impact of supervision on various outcome variables (e.g., supervisee satisfaction, client outcomes), and the role of context and diversity (e.g., individual vs. group).
3. Summarize relevant guidelines and requirements for supervision in Ontario (e.g., record keeping, supervision agreements).
4. Highlight characteristics associated with effective supervision.
5. Generate ideas for continuing education about supervision in line with students' future training goals.

Similarity/Overlap with other Courses & Consultation

No overlap with other courses

All core clinical faculty of the GD-PCS have been consulted.

Resource Requirements

Compensation in the form of a \$1,500 stipend will be offered to the course instructor. The courses will be offered every 2-3 years and will appear in our base budget request to the Dean. Request approved by the Vice-Dean, Graduate, March 13, 2018.

CPS 2902H Consultation and Program Development and Evaluation

Effective Date

September 2018

Course Description

This one-day course will provide students with an overview of the methods and theories of program design, implementation, evaluation and consultation in clinical psychology. It will also explore the roles of clinical psychologists in these professional practice activities. The course includes didactic lectures, problem solving scenarios, role plays, and group discussions. It covers topics such as the science and practice of service implementation, fundamentals in program evaluation and consultation, and ethical considerations in organizational consultation.

Academic Rationale

Consistent with the Canadian Psychological Association Accreditation Standards for training in clinical psychology, the proposed course will cover clinical practice content (i.e., program development, evaluation and consultation) in a more practical, experiential learning format, as opposed to trying to integrate that content into an existing course. The one-day course would be created and delivered by one or more registered psychologists, experienced in clinical program creation, implementation, and evaluation. It will be required in the PhD program. It is important that the content of this course is captured on the academic transcript students submit that as part of the application process for registration as a psychologist with the College of Psychologists of Ontario (and/or other regulatory provincial/state bodies), and is a necessary component of all Canadian clinical psychology programs.

Learning Outcomes

By the end of this course, students will be able to:

1. Explain the fundamental concepts (definitions, methods, theories) in program development and design and consultation.
2. Describe the roles of clinical psychologists in these activities.
3. Apply these concepts to practice settings.
4. Recognize how these activities unfold in practice contexts.

Similarity/Overlap with other Courses & Consultation

No overlap with other courses
All core clinical faculty of the GD-PCS have been consulted.

Resource Requirements (if required)

Compensation in the form of a \$1,500 stipend will be offered to the course instructor. The courses will be offered every 2-3 years and will appear in our base budget request to the Dean. Request approved by the Vice-Dean, Graduate, March 13, 2018.